



CHA Foundation Impact Report 2025

The Gift of Health

What Guides Us

Our Mission: To improve the health of our patients and communities.

Our Vision: Equity and excellence for everyone, every time

Our Values: To Make a Positive Difference — Community, Integrity, Respect, Compassion, Learning, Excellence (CIRCLE).

You Gave the Gift of Health—Every Day

Dear Friends,

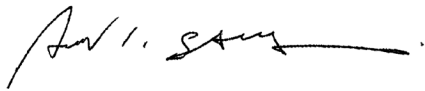
Health is the greatest gift we can give each other. At Cambridge Health Alliance, your generosity turns that belief into action.

As a safety-net health system, CHA serves communities that too often face barriers to care—living with limited resources, identifying as an ethnic or racial minority, and speaking dozens of languages other than English. With your partnership, we are breaking down those barriers and ensuring that equity and excellence go hand in hand.

Your support strengthens all that we do. Together, we provide compassionate care in our hospitals, clinics, schools, and neighborhoods; advance research that reshapes practice far beyond CHA; and train the next generation of providers through partnerships with Harvard Medical School and other leading institutions. These three pillars—patient and community care, research, and medical training—stand stronger because of you.

On behalf of our patients, staff, and communities, thank you for your commitment to this work. Together, we are ensuring that the gift of health is given to all in our communities.

With gratitude,



Assaad J. Sayah, MD
President & CEO,
Cambridge Health Alliance
Commissioner of Public Health,
City of Cambridge
Associate Professor,
Harvard Medical School



CHA at a Glance

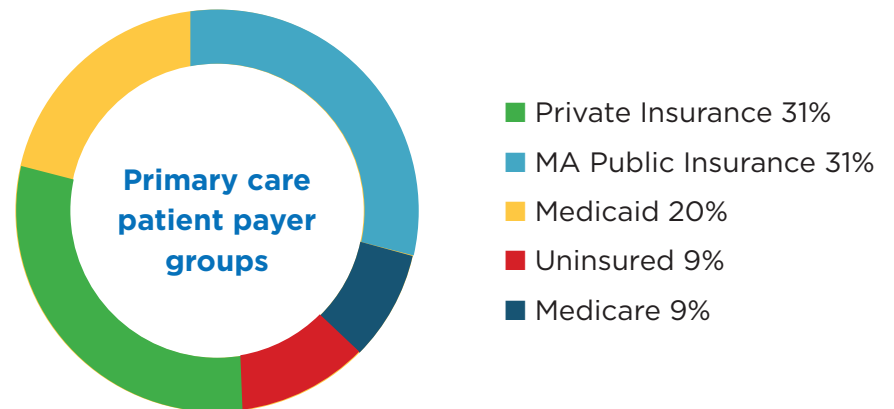
The CHA Model—The way health care should be

Informed by evidence-based care and research, we provide the care people need throughout their lives by integrating health and wellness and addressing community needs.

CHA locations in the Boston Metro-North region

CHA Cambridge Hospital
CHA Everett Hospital
CHA Somerville Campus

CHA Birth Center, Cambridge
CHA Broadway Care Center, Somerville
CHA Cambridge Family Health North
CHA East Cambridge Care Center
CHA Everett Care Center
CHA Malden Care Center
CHA One Cabot Care Center, Medford
CHA Revere Care Center
CHA Windsor Street Care Center, Cambridge
CHA Cambridge Teen Health Center
CHA Everett Teen Health Center
CHA Malden Teen Health Center
CHA Somerville Teen Connection
CHA Community Behavioral Health Center, Cambridge
CHA Community Behavioral Health Center, Malden



150,000
Patients



727
Doctors



2 Acute care
hospitals



1 Child and
adolescent
psychiatry
inpatient center



12 Primary care
practices

4 Teen health
centers

2 Community behavioral
health centers



319 Beds in service

80
Active
research
grants



650,000

Language
encounters
a year



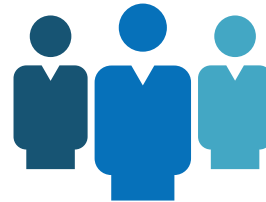
Languages
interpreted for
patients and
providers



474
Staff with faculty
appointments at
Harvard or Tufts
medical schools

184

Students trained in
medicine, psychology,
dentistry, pharmacy, public
health, and social work



2 **Top-Tier Specialty Care Affiliations**
Beth Israel Deaconess Medical Center
Mass General Brigham for Children

4 **First-Class Academic Affiliations**
Harvard Medical School
Harvard School of Dental Medicine
Harvard T.H. Chan School of Public Health
Tufts University School of Medicine



CHA Interpreter, Francisco

Patient Care



You Made Compassionate, Equitable Care Possible

Because of you, 150,000 neighbors received the care they needed most this year.

Every patient is welcomed at CHA with **respect, compassion, and care** in their own language. From delivering babies in our **award-winning maternity center** to providing **nationally recognized primary, behavioral health, emergency, surgical, and specialty care**, your support makes excellent care possible. With more than 650,000 interpreter encounters each year in 70 languages, you help make health care accessible. And as the last public health care system in Massachusetts, CHA stands as a **trusted safety net**, ensuring **equity and excellence** for everyone, every time. ■

Going Above and Beyond for a Family in Crisis

When Eric and his wife Laura rushed their 20-year-old son Jason to the CHA Cambridge Hospital Emergency Department one night in March, they were desperate for help. Jason, who is non-verbal and lives with autism and intellectual disability, had been spiraling into dangerous self-injurious behavior. At school it sometimes took four people to restrain him. At home there were only three family members. “It was escalating to a point where it was too dangerous for my family,” Eric recalled. “I knew we couldn’t keep him safe anymore.”

For more than a year, the family had been seeking help at hospitals across the region. But Jason had fallen through the cracks: too old for pediatric care, not yet transitioned into adult services, and with no supports in place at home for the patient and family. Eric had even left his career to be a full-time caregiver.

When Jason arrived at CHA, the care team quickly realized that sending him home wasn’t an option. A special huddle was called, bringing together psychiatry, emergency medicine, case management, nursing leaders, and hospitalists to develop a plan. There was only one specialized facility in the state that could address Jason’s needs, but placement was not going to be easy. The course of action became clear: because Jason was a danger to himself, he could not be discharged. With no appropriate inpatient unit at CHA for his complex needs, he would remain safely in the emergency department until a bed became available at the specialized facility.

“It was so clear that everyone cared. They were passionate about what they did, and you could sense it.”

Eric, Patient’s father



Top 10 Hospital in the Nation for Health Equity



29 CHA Physicians Named Boston Top Doctors



Recognized as a Leader in Surgical Quality



Named One of the Best Maternity Hospitals in the Nation



Named LGBTQ+ Healthcare Equality Leader

From that moment, CHA went all in. Nurses cared for Jason around the clock, helping him shower, calming him during outbursts, and creating communication boards so he could express his needs. They also cared for Eric, making sure he had food, breaks, and even a bed in the room beside his son. Most memorably, staff took Jason outside for fresh air and a game of basketball—his favorite activity. “Everyone was so nice and so generous with their time,” Eric said. **“They really met him where he was at, and that was so touching to see.”**

Meanwhile, the CHA team convened a remarkable meeting that brought every part of Jason’s care network to the table—his father, his primary care team, representatives from his school, state partners, and community-based services. Together, they mapped out how to support Jason and his family in the short term and set him on the path to long-term residential treatment. Through it all, Eric felt the dedication of CHA’s staff: “It was so clear that everyone cared. They were passionate about what they did, and you could sense it.”

Amid all this, the case manager noticed something else: Eric had been carrying the full weight of Jason’s care with no outside support. She introduced him to the idea of working with a case manager through their insurance. **“I didn’t even know such a thing existed,”** Eric said. **“That was another burden I didn’t have to carry myself. It made a huge difference.”**

After eight days of tireless teamwork and advocacy, Jason was finally admitted to the facility that could manage his needs. From there, the path opened to long-term residential treatment—the level of care his family had been desperately seeking.

The transformation has been profound. Jason now receives 24/7 care in a safe environment where he is thriving. He comes home for visits, but no longer lives in daily crisis. For Laura, the constant fear has lifted. For their daughter Claire, it means freedom to focus on graduate school. And for Eric, it means the chance to re-enter the workforce after 18 months as a full-time caregiver. “The whole trajectory of our lives has changed so much,” he said.

Looking back, Eric is convinced that the care his family received at CHA made all the difference. “It’s a wonderful resource that deserves as much support as possible,” he shared. **“Donors should know their generosity truly changes lives. For us, it was pivotal—it set Jason on a path where he can thrive.”** ■

Your Gift Reaches Every Corner of Our Communities

From fresh produce for families to care on the streets and in schools, your generosity fosters better health where people live, learn, and grow.

CHA continued to bring “Care to the People” across our communities this year. With your assistance, the Department of Community Health improved health and reduced health inequities through education, community assessments, and clinical services. You helped deliver medical and mental health care to unhoused neighbors, connected teens in four high schools with primary and reproductive health services, and distributed more than 155,000 pounds of fresh food to families facing hunger. You made it possible for new mothers to have doula and WIC support, for older adults to live safely at home, and for immigrants and refugees to receive care in their own language. You supported survivors of trauma and violence, and gave young people opportunities to build skills and resilience.

Thanks to you, CHA continues to break down barriers and bring care where it’s needed most. ■

#1 for Community Benefit among Massachusetts Hospitals [Lown Institute]

75 community health workers trained

8,200+ people served through our Senior Living Program

500+ patients treated through Street Medicine and shelter based clinics



Community Health Teams

- Engagement & Evaluation
- Health Education & Access
- Healthcare for the Homeless
- HIV Services
- Sexual & Reproductive Health
- Victims of Violence
- Women, Infants & Children (WIC)
- Youth Initiatives

Focus Areas

- Access to Care
- Access to Healthy Food and Physical Activity
- Mental Health
- Social, Economic & Built Environment
- Substance Use Prevention

Populations of Focus

- BIPOC Communities
- Housing Unstable Persons
- Immigrants and Refugees
- LGBTQ+ Communities
- Lower Income/
Uninsured and Under-Insured
- Seniors
- Young People

“I didn’t have the full support I now receive.”

Your Compassion in Action: Claudete’s Journey to Better Health

For many older adults, managing chronic conditions like high blood pressure and diabetes can feel overwhelming — especially when combined with language barriers or isolation. This was the case for Claudete when she first connected with Cambridge Health Alliance.

At that time her health was not good. She struggled with diabetes and felt unheard by her previous doctor. “I didn’t feel listened to,” she recalls. ***“I didn’t have the full support I now receive.”***

Everything changed when Claudete joined CHA’s group for Portuguese-speaking seniors (the Girassol Group). The community health workers, who led this group in Portuguese, opened the door to CHA’s Program of All-inclusive Care for the Elderly (PACE), which quickly became a lifeline. Through PACE, Claudete received medical care and daily essentials that kept her safe and independent — transportation, meals, laundry support, and home adaptations like a higher bed with railings and a shower chair.

Claudete’s support grew as CHA community health workers connected her with other programs and resources. She joined workshops on high blood pressure and participated in CHA’s Shop with a Doc program, in which she and others went to a grocery store with a doctor and learned to make healthier food choices. She also benefited from the CHA PACE food program, which complemented her health care. Each step strengthened her knowledge and confidence. ***“I learned about the risks of high blood pressure, how to measure it properly, and that certain foods can be harmful,”*** she says.



CHA Community Health Worker Ana (left) with Claudete (right)

The results have been profound. Claudete changed her diet, started taking her medication as prescribed, and gained confidence in managing her health. ***“Now I feel more confident about exercising, eating properly, and even sharing this knowledge with others,”*** she explains. Just as important, she found joy and connection learning alongside peers and working with a community health worker in her own language. “I fully understand the explanations and feel supported,” she noted with a smile. Instead of relying on the health system primarily when she is unwell, Claudete is now focused on prevention—building healthy habits that reduce the need for urgent care.

Now Claudete looks to the future with hope: “I want to maintain my quality of life.” Thanks to you, she can. **Your generosity ensures CHA can meet people like Claudete where they are — providing not just medical care but also the education, community, and cultural connection that make lasting health possible. ■**



24,500+ family planning visits

500+ trained in mental health first aid, including in Spanish

155,000 pounds of food reached 6,000+ people at the Revere Mobile Market

2,900+ screened for social determinants of health by community health workers

55+ trained on hypertension interventions at CHA and through our community partners

Revolutionizing Medical Education in Our Community and Worldwide

Partnering with renowned medical schools, CHA provides patient-centered training in a variety of specialties.

CHA offers residencies, fellowships, and training programs in fields ranging from family medicine and psychiatry to dental health, psychology, social work, and more. In partnership with Harvard, Tufts, and other leading institutions, we are training a new generation of caregivers to deliver the highest quality, evidence-based care with deep compassion and a commitment to advocacy. ■

The Harvard Medical School–Cambridge Integrated Clerkship: Clinical Excellence and Teaching Students to See the Whole Person

Cambridge Health Alliance has always been a place where innovation grows from our mission to care for people holistically—with excellence, compassion, and equity. That commitment led CHA and Harvard Medical School to create the Cambridge Integrated Clerkship (CIC) in 2004—a landmark innovation that is a national and international model for medical education.



The CIC powerfully transformed education and has been reproduced at leading medical schools across the United States and worldwide—notably at institutions committed to underserved people. Unlike traditional medical education, where students rotate briefly through hospital services, the CIC pairs each student with experienced clinicians who serve as educators and mentors. Students work with a set of their mentors’ patients whom they care for over the course of a full year—during clinic visits, hospitalizations, surgeries, and even home care. By experiencing the whole story of illness and healing, students learn to treat people, not just diagnoses. This innovation has been featured in leading academic journals and major media outlets, including the *New York Times* and *Voice of America*.

The results are extraordinary. CIC graduates not only perform at the highest academic levels, but years later remain more patient-centered and committed to advocacy than their peers. As CIC director and co-founder Dr. David Hirsh explains, “Our goal was to harness the students’ idealism and altruism to drive their learning, sense of duty, and mastery of the science.” Patients see the difference too: “Now we are having difficulty keeping up with patient requests for their ‘own personal medical student.’” ■



“Good enough or even great enough can’t be our standard. We need to allow medical students to be their fullest selves and to support their highest ideals of patient care.”

Dr. David Hirsh, *Professor of Medicine and Associate Dean, Undergraduate Medical Education, Harvard Medical School; Director and Co-founder of the CIC*

474 staff with faculty appointments at Harvard or Tufts medical schools

184 medical, psychology, dental, pharmacy, public health, and social work students trained

A Student's Story: R.J. Russel

For West Point graduate R.J. Russel, the CIC was transformational. "I have always sought purpose," he said. ***"What I discovered is that the CIC allows you as a med student to make more of an impact than you could anywhere else. I couldn't have asked for a better place to train."***

That impact came from building relationships. R.J. recalls supporting an immigrant father, raising children alone, who was diagnosed with colon cancer. "He never asked, 'Will I be okay?' He just kept asking, 'What happens to my kids? Who will take care of them?' It taught me that what physicians worry about is sometimes different from what patients worry about—you need to acknowledge both."

Another patient with multiple chronic conditions, including Alzheimer's, revealed to R.J. how deeply health is tied to community. She had little family but was surrounded by friends and neighbors who stepped in as caregivers. Often she arrived at her appointments accompanied by a close friend who was herself struggling with cirrhosis and substance use. Supporting them both gave R.J. a new perspective. "I saw them through every stage and learned about their everyday reality," he recalled. ***"It gave me a holistic view—not just of disease, but of what people really need. I came to understand how health conditions can't be separated from issues like housing, nutrition, or the presence of supportive relationships."***



R.J. Russel

Guided by CHA mentors who taught him to "think like a physician," R.J. is carrying these lessons into the future. After completing his military service, he plans to return to Michigan to practice emergency medicine in Detroit, serving diverse, under-resourced communities much like those he found at CHA. "I'm grateful to have grown up as a physician in this environment," he reflected. ***"The experiences and relationships I built here will stay with me for the rest of my life."*** ■

While philanthropy does not directly fund the CIC, your support makes CHA a unique home for programs like this—an academic health system rooted in equity, humanism, and innovation.

Research Funding Drives Discovery and Improves Care at CHA and Beyond

Thanks to you, research at CHA is transforming how we care for patients. Your generosity fuels groundbreaking studies that explore how early childhood experiences shape lifelong health, how mindfulness can ease suffering and improve recovery, how addiction can be treated more effectively, and how youth and families can be supported through mental health challenges.

Through the work of **10 research centers**, CHA investigators are uncovering answers that lead to **new treatments and stronger systems of care**. Because of you, research discoveries born at CHA are improving the quality of care for our patients, and being shared and applied in communities worldwide. ■



Smarter Care: Redefining Suicide Prevention for Youth

Youth suicide is a devastating public health crisis. For families, clinicians, and communities, the stakes could not be higher. At CHA, child psychiatrist and suicide researcher Dr. Nicholas Carson is leading groundbreaking work to answer a vital question: What kinds of treatment may truly save young lives? In a recent study, Dr. Carson and his team used new methods to analyze data from thousands of young patients at CHA who received outpatient mental health care after a hospitalization for suicidal thoughts or behavior. The results were both surprising and hopeful. ***“One of our key findings is that more treatment isn’t always better,”*** Dr. Carson explains. ***“Regular and intensive follow-up therapy visits were effective in reducing suicidal behavior; however, in some cases, fewer, targeted visits were just as effective. That means health systems like CHA can reach more young people at risk—and that can save lives.”***

For clinicians, this kind of evidence is invaluable. Suicide prevention is one of the most urgent challenges in child and adolescent psychiatry, especially in communities like those served by CHA, yet it remains an under-researched area. Mental health providers make educated treatment decisions about risk, despite great challenges in predicting suicide accurately, all while trying to balance the intensity of care with scarce resources. CHA’s study helps fill that gap, giving providers practical evidence they can use right now in their daily practice.

This discovery matters for every health system, but especially for safety-net providers like CHA, where demand for mental health services far exceeds available resources.

Dr. Nicholas Carson
Division Chief, Child and Adolescent Psychiatry, Cambridge Health Alliance; Associate Professor of Psychiatry, Harvard Medical School



“We can make sure every child gets the right care, at the right time.”

By identifying the most effective approaches, CHA is showing the nation how to provide high-quality, life-saving care equitably—even when resources are limited.

And because CHA’s patient population is uniquely diverse, this research also shines light on the role of culture, language, and social determinants in treatment outcomes. With each study, CHA builds stronger evidence to guide clinicians everywhere toward interventions that work for all children, not just a few. “Youth suicide has a devastating impact on families and communities. By looking closely at what works best, we can make sure every child gets the right care, at the right time,” says Dr. Carson.

Thanks to your support, CHA is not only caring for young people in our community—it is shaping the future of suicide prevention across the country. ■



The Academic Poster Session is a signature CHA event, sponsored by the Office of Academic Affairs. It provides an opportunity for our community to share interests and accomplishments and to forge new collaborations across departments and work sites.

Research at a Glance

At CHA, your gift supports research that is shaping the future of health care:

- **Biobehavioral Family Studies Lab** – studying how early experiences and trauma shape child development and mental health from infancy to adolescence.
- **Cambridge Health Justice Lab** – using data analytics to advocate for policies that advance health equity and create a healthier society for all.
- **Center for Health Equity Education and Advocacy** – training health professionals to be powerful advocates for health equity based on research.
- **Center for Mindfulness and Compassion** – conducting research to improve physical and mental health in diverse communities.
- **Children’s Health Initiative** – developing new evidence-based models of care to improve mental health services for children.
- **Division on Addiction** – leading global studies on substance use, gambling addiction, treatment outcomes, and reducing stigma in addiction care.
- **Health Evaluation Research Lab** – designing and testing interventions that improve physical and mental health outcomes in diverse communities.
- **Institute for Community Health** – conducting applied research and program evaluations with diverse community partners—including through its Leah Zallman Center for Immigrant Health Research—to maximize their impact.
- **Psychiatry Research Office** – supporting investigators and driving innovations in suicide prevention, early psychosis care, and other psychiatric treatments.
- **Supplement Research Program** – leading vital research on supplement safety to protect consumers and educate the public nationwide.

Dr. Liz Gaufberg
Chief Academic Officer,
Cambridge Health
Alliance; Associate
Professor of Medicine
and Psychiatry, Harvard
Medical School



Fostering Curiosity, Shaping the Future: Dr. Liz Gaufberg Leads as Chief Academic Officer

With your partnership, CHA has built a reputation for equitable care and innovation that attracts extraordinary leaders. One such leader is Dr. Elizabeth (“Liz”) Gaufberg, whose career has been intertwined with CHA for more than three decades and who now steps into the role of Chief Academic Officer. Dr. Gaufberg’s new role supports a strategic priority for CHA—enhancing the training of future physicians and ensuring that our innovations in research and education shape the national conversation on health care.

Dr. Gaufberg’s own path reflects CHA’s deep commitment to patients, research, and training that extends far beyond our walls. She first arrived at CHA as a resident in both internal medicine and psychiatry, drawn to our focus on compassionate care for underserved communities. She chose to devote her entire professional life to CHA—caring for patients with complex medical and psychiatric needs while discovering her passion for teaching and innovation. ***“CHA gave me the space and encouragement to become the kind of physician and educator I wanted to be,”*** Dr. Gaufberg reflects. ***“I’ve always believed that medicine begins with human connection, and CHA has allowed me to put that belief into action.”***

“I’ve always believed that medicine begins with human connection, and CHA has allowed me to put that belief into action.”

In 2004, she joined co-founders Drs. David Hirsh and Barbara Ogur on the team leading the internationally renowned Harvard Medical School–Cambridge Integrated Clerkship (CIC). The CIC reimaged traditional medical education by allowing students to care for patients longitudinally and learn yearlong from faculty mentors rather than rotating through brief specialty blocks. The success of the CIC model has spurred the development of longitudinal integrated educational design in nearly half of the medical schools around the country and a growing number abroad as well. Dr. Gaufberg contributed to research showing that CIC graduates perform at the highest academic levels and her landmark study demonstrated that students sustain enhanced patient-centeredness for years following their clerkship. Students describe the program as “life-changing.” Her longtime colleague, Dr. David Hirsh, praises the transformative nature of her work: “Liz is a true architect of humanistic medical education; she has influenced schools across the country and the world to see excellence and compassion as one.”

Dr. Liz Gaufberg collaborated with cellist Yo-Yo Ma on a project that explores the connection between the humanities, arts, and medical practice. Their joint work was highlighted in the publication, *“Learning Harmony: Medical Student Reflections on the Intersection of the Arts, Humanities, and Medicine.”*



Beyond the CIC, Dr. Gaufberg founded CHA’s Center for Professional and Academic Development and has devoted her scholarship to understanding and reshaping the “hidden curriculum” of medicine—the cultural forces that influence how physicians relate to patients and to one another. Her research has explored professional identity formation, reflective practice, and the use of arts and humanities to strengthen skills like observation, empathy, and communication. She co-directs the Harvard Macy Institute’s Art Museum-based Fellowship and has been recognized nationally for her leadership in humanism in medicine, including receiving the 2024 Pearl Birnbaum Hurwitz Humanism in Healthcare Award. “Through her teaching and mentorship..., Dr. Gaufberg has changed our world for the better,” said Dr. Kathleen Reeves, President and CEO of the Arnold P. Gold Foundation.

Now, as Chief Academic Officer, Dr. Gaufberg will guide CHA’s academic vision and ensure that research and training remain closely tied to patient care. She sees opportunities to expand innovation grants, reconnect with alumni, and co-create solutions alongside patients and donors. ***“Together, with our community and supporters, we can create an even stronger health care system that never loses sight of its most important commitment—our patients,”*** she says. Her appointment signals CHA’s priority to grow academics as a force for excellence, equity, and innovation. **With your continued partnership, CHA can carry the gift of health into the future—not only for the patients we serve today, but for countless others who will benefit from the leaders we train and the ideas we advance. ■**

Gifts of Healing

Celebrating **Your Partnership**

The gift of health is the gift of everything: a child's ability to learn, an adult's chance to work, and a family's opportunity to thrive. Your generosity ensures every member of our community has access to the care they deserve. Your generosity ensures that rising health care providers are trained to provide patient-centered, community-based care. Finally, your generosity ensures that cutting edge research studies the needs of the diverse populations CHA serves.

Thank you for supporting compassion, care, and innovation at CHA. Whether by attending our Gala, walking in Move for Books, making a recurring gift, sponsoring an event, providing a grant, or lending your leadership, you are part of our alliance that ensures health belongs to everyone. In these pages, we celebrate you and the profound impact of your gifts. ■



The Art of Healing Gala

Thank you to all who celebrated with us at CHA's 2025 Art of Healing Gala in June. Together we raised more than \$770,000, which will help fund CHA's most pressing patient care needs. Your generous support of equitable health care is more than a gift—it's a lifeline for patients and families who rely on CHA every single day. We are inspired by your commitment to patient care.



Dr. Assaad J. Sayah
*President and CEO,
Cambridge Health Alliance*



A Celebration of Partnership: Honoring the Davis Family

At our Art of Healing Gala, we were honored to recognize the Davis family. For years, they have shown deep leadership in expanding equitable access—across health, education, housing, and more—in Greater Boston.

Most recently the Davis family's vision came to life through their generous three-year gift, which launched CHA's Lung Patient Navigation program. This innovative effort provides dedicated navigators who guide patients through screenings, diagnoses, and treatment plans—ensuring no one falls through the cracks. As they shared, “A lot of this is about equity and it's about unlocking opportunity.” With the Davis family's support, thousands of patients now have access to earlier detection, timely follow-up, and the reassurance of someone walking beside them in their care journey.

We are deeply grateful for their partnership, their vision, and all they help us achieve. ■





You Moved for Books—and for the Wellbeing of Children

A healthy childhood starts with more than medicine—it starts with opportunity, joy, and curiosity. Thanks to your energy and support in our Move for Books event, we raised almost \$30,000, which allowed us to distribute thousands of free books to our pediatric patients at their appointments—giving them something to read, to dream, to learn.

Helping children engage with books expands childhood literacy and improves high school graduation rates. Your support is making a difference. ■

You Gave Generously in So Many Ways

Every day we are inspired by how you have made our communities stronger, healthier, and happier. Your investment enables CHA to innovate, expand, and adapt so everyone in our communities can thrive. Through recurring donations, corporate gifts, grant funding, and more, you have made a lasting impact that reaches far beyond greater Boston.

Thank you for leading the way to a healthier future for all.

Individual Supporters

**Gives regularly recurring donations*

Noelle A. Akin*

William J. Albinger Jr.

Danielle Allen

Jean Almonord

Simone Alvarez

Kenneth Atwell*

Sheila Bailey

Shamsher B. Bam*

Debjani Banerji

Sarah S. Bansen

Robin Barnes, MD, and David Bor, MD

David Baron, MD, and Pamela Baron

C.C. Barrett

Jane Barrow

Maren Batalden, MD, MPH

Jill Batty*

Erin Beaumont, MD

Javier Bellini

Emily Benedetto

Kathleen and James Betts

Xenia Johnson Bhembe, MD

Brooke L. Bierschied*

Susan D. Block

Howard Blum

Bonnell-Bradley Family

Martha Born

Lana Bornhausen

Rebecca Bourgery

Helen and Joseph Bouscaren

Fatima S. Braga*

Joleen Brahaney

Denise Breault

Aaron Breslow

Alison and Randy Brisson

Traci Brooks, MD

Pamela G. Brown*

Phillip M. Brown

Eugene Brune

Lou Ann Bruno-Murtha, MD,
and Timothy Murtha

Melanie J. Brunt, MD*

Peter Bryant

Jennifer Buchanan, MD

Jane Buley

Catherine Burton

Vilma D. Cabrera*

Jeanette Callahan, MD*

Lori S. Campisano

Pat Cangiano

Steven B. Cano*

Patricia and Loyd Carney

Chris Carr

Eleni Carr

Nicholas Carson, MD, and Carol Chow

Malanie Carvalho

Joanne Cassell*

Mary Cassesso and Peter Miller

Dennis R. Cataldo

Mary Caulfield

Ashley Cazeau

Lisa Ceplikas

“I choose to support CHA because it delivers the highest quality care to working families—the very people who care for us every day. With visionary leaders and a deep commitment to excellent care for all, CHA is leading where the need is greatest, especially in youth mental health. Supporting this work is one of the most urgent investments we can make in the health of our communities.”

Jonathan Fleming, Chair, CHA Foundation Board

Shaylagh Cerulli, MD
Christina Chan
Serena Chao, MD*
Alex Chase
Pia Chatterjee, MD
Edlyn Chavez
Dalton Clarke*
Christine M. Cleary
John Coakley
Paul Colarusso
Margaret A. Coleman, MD
Meaghan and Roger Conant
Barbara Cone
Ann Connors*
Benjamin Cook, PhD
Kim Cook
Janell C. Corbett
Dharma Cortes, PhD
Linda Coultas*
Lucy Coyle
Rachael Cross
Evelyn Crotty*
John Cunningham

Jeannette Currie
Joy O. Curtis*
Paula Cushner
Caitlin D’Agata, MD
Claudia Davidoff and Joseph Kahan
Katharine and Dave Davis
Lisa DeGrandis
Paul Delaney
Lynn E. DeLisi, MD
Jenn DeLorenzo and Tom Barrieau
Carol DiMeo
Maureen DiMeo
Lisa Dobberteen, MD*
Rebecca Drill, PhD, and Peter Alpert*
Ramona Dvorak, MD
Jessica Early, MD
Mahy El-Kouedi
Robin J. Ely
Jessica Eshleman
Kate Ewing
David Farmer*
Elizabeth Farrar*
Colleen Farrell

Karim Fawaz, MD, and Leila Fawaz
Erika Fellingner, MD, and Eric Fellingner*
Nancy Felsheim
Danielle Ferreira
Stacy Fickler
Lauren Finergan
Hannah Fingerle
Leigh Firn
Christopher Fischer, MD
Leora Fishman, MD, and Roy Gould
Amy and Jonathan Fleming
Elizabeth and Dennis Fogarty
Lisa Foley*
Donna Fox
Carl Fulwiler, MD, PhD
Andrew M. Fuqua
Sara Furtado
Hannah Galvin, MD*
Fernando T. Gargano
Elizabeth Gaufberg, MD, and
Slava Gaufberg, MD
Doris B. Gentley*
Jed Geyerhahn and Susan Denham

Helen K. Gibbons*
Lisa M. Giovino*
Rose Goldman, MD, and Alan Drabkin, MD
Robert Goodman
Andrea Gordon, MD
Heather and Joe Gordon-Reznar
Jasmine Gothelf
Caralyn Granato
Myra Grand
Venessa Graure
Jill and Bernard Grossberg
Rosa Guerrero
Crystal Gurney
Mark Haas
Greg Hagan, MD, and Leslie Brayton
Catherine and Eric Haines
David Harrington
Jennifer Harris
Kristin Harris
Jessica Haynes
Jeffrey Heidt and Myra Green
Tara and Brian Hennessy
Brian Hickey
Bonnie and Jeffrey Hoffman, MD
James Hook

Jessica Hoy
Yi-An Huang
Carol Hulka, MD
Ashley Hutchinson
Mori Insinger
John and Consuelo Isaacson
Charlotte and Michael James*
Robert Janett, MD, and Gwenwyn Janett*
Kit Jenkins
Newton Johnson
Saj-Nicole Joni and Katherine Chi
Cole Justice
Emma Justice
David Kale
Stefanos N. Kales, MD,
and Ana Nieto-Kales
Bruce M. Kalow, MD
Edna and Donald M. Kaplan, MD
Daniel Kassavin, MD
Robert and Kara Keating Bench, MD
Brian and Joanne Keith
Lindsey Kelly
Kim Keough*
Renee and Robert Kessler*
Avanti Khandekar

Amy King
Elissa Klein
Joshua and Melody Komyerov
Richard and Kathy Kosinski, MD
Douglas S. Kress
Karen Kuc
Selena Kutin
Tayla Ladd
Lydje Lahens
William and Lisa Lahey
Melisa Lai-Becker, MD, and Sean Becker
Astrid K. Lambert
Lori and Eric Lander
Christian M. Lanphere
Claire Laporte
Cheryll Last
Donna Laurin*
Nancy Leary
Jaime Lederer
Thomas Leslie and Kimberly Sigler
Jane K. Lewis
Nancy Lian
Juliane Liberus
Roanne S. Licht
Jane and Adam Licurse

“I believe in CHA and am incredibly proud to be a long-time employee. That’s why I signed up for payroll deduction so many years ago. It’s a small, but powerful way to give back and help others get the outstanding health care we all deserve.”

Jeff Nusbaum, Senior Director, Program & Services Marketing, CHA

Karen Lloyd
Bethanie Long
Theresa A. Lordan*
Rebecca Rogers and Daniel Loss
Daniella and Richard Louissaint, MD
Nicole I. Love
Carol VanDeusen Lukas and Henry Lukas
Dan MacKinnon
Molly Macleod
Julie Mahdavi
Marie J. Mallebranche*
David Mandel
Edward Mank and Rosie Reyes
Tereza Marinho
Nyani Martin
Maria and Jameson Marvin
Bronwyn Mastrangelo
Joanne McCabe
Fiona C. McCaughan
Steven McCloskey
Danny McCormick, MD*
Gerald and Sheila McCue
Chris McTague
Jane and George Metzger
Roberta Miller and Alan Medville
Alexandra Millet

Benjamin Milligan, MD
Erica Mintzer, MD
Amy and Jason Molten
Amy Morrison
Virginia F. Morrison*
Jane and Robert Morse
Tracy Mungeam
Valerie Murphy
Carol C. Nadelson
Manuel Navia
Mark Nelson
Leslie Nicholson and Michael Longo
Nathaniel Novod
Jeffrey Nussbaum*
Ellen O’Connell
Nicole O’Connor, MD
Rebecca Osgood, MD,
and Thomas Hoerner, MD
Martha and David Osler, MD
Karla Osorio*
Paula A. Paris
Donna and Vincent J. Patalano II, MD
Rishita Patel
Barbara Pearlman
Lowry Pei
Richard Pels, MD, and Laura Morrison
Katherine Phelan

Milca A. Phofsky*
Joanna Piechniczek-Buczek, MD
William and Lia Poorvu
David J. Porell*
Eileen Rudden and Joshua Posner
Michael Pou
Mary Pat and Gervasio Prado
Darcy Prather
Adele Rhea Pressman, MD
Myrtha Prophete*
Cody Prudhomme
Sue Pucker
Anthony Quarella
Avlot Quessa*
Lisa Quinn
Janis S. Recto, MD
Marilyn Reizbaum
Syd Reyes
Kristine Ribas
Stacy Rigiero
Robert Riordan
Suzette Rizzo*
Frederick Robie*
Laura Rogers and Michael Shear, MD
Rebecca Rogers, MD, and Daniel Loss
Lolita and Lawrence Roland

"I have been blessed to be part of CHA for 24 years. It's a wonderful place where our patients receive excellent care, and for me, to give is a privilege. I may not give a large amount, but I know that every little bit makes a difference. Whenever I have the opportunity to help, I do."

Vilma Cabrera, Medical Assistant, Windsor Street Care Center, CHA

Elizabeth and David Roll, MD

Carole Root*

Larry Rosenberg

Lisa Rosenfeld

Andrew Rusczek

William Rutnam

Maureen E. Ryan

Michael Ryan

Michael Sage*

Sangeeta Sakaria, MD

Yamini Saravanan, MD

Mary and Assaad Sayah, MD

Harry P. Schneider, DPM*

Arthur Segel

Ellen Semonoff

Bianca Shagrín, MD

Kathryn and Bhavender Sharma, MD

Mary Shea

Charlotte Silas*

Cassia Silva

Mirlande Similor*

Bryan Simmons

Denise Simmons

Christopher Simons, MD

Daphney Small

Mark Smith

Nancy Salvati Smith

Jo and Mike Solet

Shannon Sorensen

Amelia Spiliotes

Anne St. Goar and Shippen Page

Augusta Stanislaw

Gerald G. Steinberg, MD

Hannah Sukonick

Felicia Sullivan*

Laura Sullivan, MD

Julie Sun

Carter Swaebe

David Sweeney

Rebecca Sweeney

Galina Tan, MD

Andrea Taylor and Kevin Dunkley

Glover Taylor and Laurie Sokolsky*

John T. Taylor Jr.

Jean Terp

Maria Terra

Telly Theodoropoulos

Jennifer Thiesen and Dennis Huszar

Allison Tilly*

Leonardo M. Toppin

Mark Trachy

Jason Tracy, MD

Hans P. Van Lancker, MD

Larissa Vangel

Yvette Verdieu

Teri and Kent Vienot

Carole Vincent

Shyamala and Siva Vithiananthan, MD

Dan Wagner

Patricia Walsh

Lanie and Gary Ward

Laura M. Warren

Michelle Weiss

Alexander White, MD,
and Fiona Graeme-Cook, MD

William Whitlock and Aimee Southworth

Richard M. Wichmann

Nancy and Chris Winship

Julie and David Worzala

Ana Zarina Asuaje Solon

Jeff Zinsmeyer

Cathie Zusy and Sam Kendall

Corporate and Foundation Supporters

Abraham Kaplan Charitable Foundation

ABridge

Adtalem Foundation

Amano McGann, Inc.

American Cancer Society

Arcus Foundation

August Foundation, Inc.

Barr Foundation

Benevity

Bent Electrical Contractors, Inc.

Beth Israel Lahey Health

Bill Dunbar and Associates, LLC

Blue Cross Blue Shield of Massachusetts

BOND Building Construction, Inc.

Bonny's Landscape Service, Inc.

Buildout Construction Corp

C&W Services

Callahan, Inc.

Cambridge Community Foundation

Cambridge Housing Authority

Cambridge Savings Charitable Foundation

Care Dimensions

CareQuest

Causeway VC

CDW-G

CFP Law Group, Calnan, Freeley & Pellegrini, P.C.

CHA Pharmacy Department

City of Somerville

College of American Pathologists

Columbia Construction

Combined Properties

Cresa

CRICO

Cummings Foundation

DAFgiving360

Davis Family Charitable Foundation

Dell Technologies

DCU for Kids

DraftKings

Eagle Bank

Eastern Bank Foundation

Edward H. Mank Foundation

Epic Systems

Everclean Management Company

Everett Citizens Foundation

Everett Foundation for Aged Persons, Inc.

Fidelity Charitable Gift Fund

Fire Equipment, Inc.

Former CHA Emergency Medicine Chiefs

Freedom to Choose

Guidepoint Security

Harvard Federal Credit Union

Health Plans, Inc.

Health Resources in Action

Hennessy Family Charitable Fund

Huron Consulting Group, Inc.
Imprivata
International Center for Responsible Gaming
Intlx Solutions
James A. Kiley Company
Javna Family Limited Partnership
Krokidas & Bluestein LLP
Law Office of Isaac M. Machado
Leasing Associates, Inc.
Littler Mendelson PC
Massachusetts Alliance of Portuguese Speakers
Massachusetts Cultural Council
Massachusetts League of Community Health Centers
Medcor
Mental Wellness Foundation, Inc.
Metro Credit Union
Morgan Stanley Gift Fund
MySafeRx
Mystic Valley Elder Services
NAMI Cambridge-Middlesex
Naveo Credit Union
NEJM CareerCenter
New York Life Foundation
Novartis US Foundation
Nutter, McClennen & Fish LLP
PBD Foundation
Point32Health
Preotle, Lane & Associates

Professional Ambulance and Oxygen Service, Inc.
Propark Mobility
Reliance Matrix
Renaissance Charitable Foundation, Inc.
Reos Medical
Robert Wood Johnson Foundation
Roots & Wings Foundation
SADA
SageView Advisory Group
Salesforce
Santander Bank N.A.
Somerville Homeless Coalition
Somerville-Cambridge Elder Services
State Street Brasil S.A.
Tech Systems, Inc.
The Pittsburgh Foundation
The Sooner Foundation c/o Chilton Trust
Therapeutic Feet, Inc.
Trane Technologies
Transamerica
TRIMEDX
Unitex
Vanguard Charitable Endowment
Vinfen
VNA of Eastern MA
Willis Towers Watson
Wise Construction
Xerox



Donor Spotlight: Nourishing Our Community

At CHA, caring for the whole person means addressing challenges like food insecurity. The Revere Mobile Market embodies this effort, providing free fresh produce and pantry items to families on the first Saturday of every month.

This year we're honored to welcome a new partner: **Cambridge Savings Bank**. Their recent grant extends the market's reach by adding health education efforts like hypertension screenings and vaccine clinics—connecting nutrition with broader wellness.

“At Cambridge Savings Bank, we believe that building healthier communities starts with meeting people where they are — and that means addressing fundamental needs like nutrition and preventative care together. This initiative is a powerful example of what we can achieve when we work side by side to nourish our communities,” says Jeri Foutter, First Vice President of Community Partnerships and Foundation Officer at the bank. With the help of Cambridge Savings Bank and cornerstone partners **The Greater Boston Food Bank** and **Point32Health**, CHA is able to continue to provide health care in our communities, right where they need it.

Together, this alliance made a tremendous impact. In the last year we distributed **154,996 pounds of food** to **1,519 households**, serving **6,014 people**. With the addition of Cambridge Savings Bank's support, we provide about **80 hypertension screenings** per market session as well.

We are deeply grateful to Cambridge Savings Bank, The Greater Boston Food Bank, and Point32Health for their enduring commitment. Together, we are building a healthier future for all. ■

Guided by **Dedicated Leaders**

At the core of Cambridge Health Alliance are volunteer leaders whose time, wisdom, and passion guide us every day. We are deeply grateful to our CHA Board of Trustees and CHA Foundation Board—your leadership strengthens every physician, nurse, researcher, educator, and patient who is part of CHA’s journey toward excellence.

CHA Board of Trustees

William (Bill) Lahey, Chair

Senior Partner, Anderson & Kreiger LLP

Claire Laporte, Vice Chair

Former Head of Intellectual Property, Ginkgo Bioworks, Inc.

Danielle Allen

James Bryant Conant University Professor, Harvard University; Director, Allen Lab for Democracy Renovation, Harvard Kennedy School; Director, Democratic Knowledge Project-Learn, Harvard Graduate School of Education

Jessica Eshleman

Executive Director, Union Square Main Streets

Joseph Curtatone

President, Northeast Clean Energy Council

Mark Goodman

Managing Partner, MassMutual Ventures

Jim Henderson

Principal at Jim Henderson, Esquire

David Kale

Former Assistant City Manager for Fiscal Affairs and Treasurer/Collector, City of Cambridge

Lori Lander

Co-founder, Many Helping Hands 365

Jane Licurse

Strategic Advisor to the City Manager, City of Cambridge

Benjamin Milligan, MD, FACEP

Chief of Emergency Medicine, Cambridge Health Alliance; Assistant Professor of Emergency Medicine, Harvard Medical School

Paula Paris

Deputy Director, JFYNetWorks; Principal, P.E.O. Associates

Assaad J. Sayah, MD

President & CEO, Cambridge Health Alliance; Commissioner of Public Health, City of Cambridge; Associate Professor, Harvard Medical School

Ellen Semonoff

Assistant City Manager for Human Services, City of Cambridge

Michael Shear, MD

Physician, Harvard University Health Services

Bryan Simmons

Vice President of Communications, Arcus Foundation

Maxwell (Mike) Solet

Former Attorney, Mintz, Levin, Cohn, Ferris, Glovsky and Popeo, P.C.

Yvette Verdieu — Former Manager Analyst, Massachusetts

Department of Revenue

“I was first inspired to support CHA because of its extraordinary mental health services, but I quickly discovered that this same level of compassionate, excellent care defines everything they do. I am constantly in awe of the commitment of the entire CHA team.”

William Lahey, Chair, CHA Board of Trustees, and Member, CHA Foundation Board

CHA Foundation Board

Jonathan J. Fleming, Chair

Managing Partner, Pimlico Pond Investments;
Senior Lecturer, MIT Sloan School of Management

Julie Sun

Chief Development Officer, Cambridge Health Alliance
Foundation

Jill Batty

Chief Financial Officer, Cambridge Health Alliance

Peter Bryant

Former Chief Operating Officer, Isabella Stewart
Gardner Museum

Steve Callahan, Jr.

Vice President of Business Development, Callahan
Construction Managers

Mary Cassesso

Former Chief Community Officer, Cambridge Health
Alliance and former President of the CHA Foundation

Dennis R. Cataldo

President and CEO, Cataldo Ambulance Service, Inc.

RoAnn Costin

Founder and President, Wilderness Point Investments

William (Bill) Lahey

Senior Partner, Anderson & Kreiger LLP

Christopher (Chris) McTague

Senior Director of Client Engagement, Transamerica

Amy Molten, MD, FAAP

Chief Medical Officer, Ladder Health; Clinical Assistant Professor,
Tufts University School of Medicine

Josh Posner

Founder, Rising Tide Development LLC

Cristiana Salgado-Braga

Founder, CS&Bio Consulting

Assaad J. Sayah, MD

President and CEO, Cambridge Health Alliance; Commissioner
of Public Health, City of Cambridge; Associate Professor of
Emergency Medicine, Harvard Medical School

Lia Taniguchi, Secretary

Senior Research Manager, Bullhorn

Dear Friends,

Your generosity is at the heart of every accomplishment you have seen in these pages. This report has shared highlights from the past year at CHA—snapshots of the incredible impact you made possible.

What sets CHA apart is its unwavering commitment to providing excellent care for all. As a safety-net health system, we care for working families, recent immigrants, and neighbors who speak dozens of languages—people who often face barriers to high-quality care. This past year, your support for the three essential pillars of CHA—patient care, research, and training—was vital in enabling us to break down those barriers, both in the communities we serve and beyond.

Your philanthropy fueled important advances this year: from new technology that expands access and attracts leading physicians, to patient navigators who help individuals get the most out of CHA's health care services. Just as important, your gifts helped CHA respond to urgent needs in youth mental health, where our community behavioral health centers provided timely support at a moment of national crisis.

Each success we have shared was possible because of you. From patients receiving care in their own language to young people finding hope in the midst of crisis, your generosity is changing lives and providing a beacon of hope. Thank you for your partnership in bringing “Care to the People” and for making this extraordinary work possible.

With gratitude,

Jonathan J. Fleming

Chair, Cambridge Health Alliance Foundation Board

Julie Sun

*Chief Development Officer,
Cambridge Health Alliance Foundation*



Thank you for Giving the Gift of Health.

The Gift of Health Belongs to Everyone— **Because of You.**

Your generosity brings exceptional, innovative care to our communities, touching lives here and far beyond. On behalf of the patients, families, clinicians, researchers, and trainees whose lives and work you support—thank you.

challiance.org | 617.591.4080 | chafoundation@challiance.org



CARE TO THE PEOPLE